

Mermaid FAQs

By William R. Mistele



(Note: Some of these questions are from the hosts of blogtalkradio shows who have interviewed me.)

Questions

Question: Your next book, *Mermaid Tales*, tells stories about how mermaids become involved in human affairs and some of them actually live among us in human form. How did you discover this topic and what have you learned?

In my first book, *Undines*, two mermaid queens promised me I would meet mermaids in human form so that I could better understand their race. It is one thing to interact with mermaids in spirit form on the astral

plane. It is totally different experience to interview and get to know a woman who has the soul of a mermaid.

I started by putting out a global casting call for women who could assume the role of a mermaid on a beach for a photo shoot. Almost immediately I began getting responses from women who had the aura of mermaids. And some of them gave me referrals to other women.

Others I met on my own and some were referred to me by complete strangers. Another saw my videos on mermaid women on youtube.com/emedetz and said, “It is like you are inside of my head.”

One woman out of frustration feeling no one understood her googled “woman” “mermaid” and found an article on my website—“Traits of Mermaid Women.” See

<http://www.williammisteale.com/finaltraits1019.htm>

There are many things I have learned through direct interviews with these women. Astral immortality is one thing. Their extreme forms of empathy are another. And the innocence—a woman who has never had a mean thought in her life and who feels that nature is embedded in her very core—these are not things that I could ever imagine.

Question: You indicate that the human race knows next to nothing about the mermaid realm and the magic of water. What happened to bring this about if that is true?

When I focus on this question, I can sense that in Atlantis there were actual temples in which mermaids appeared and interacted with human beings. But then something went terribly wrong with that civilization. They embraced hideous forms of evil that were a complete betrayal of nature, of the astral plane, and of any form of conscience remaining active within them.

You could say then that as a gift to mankind knowledge of the astral plane was hidden from the human race except in rare cases. Franz Bardon (*The Practice of Magical Evocation and Initiation into Hermetics*) has gone to astonishing lengths to again make available the “book of wisdom” in regard to elemental beings. But the mermaid realm in particular has been forbidden to the human race.

In my book *Undines*, I describe three conditions by which the protective barriers that are in place can be overcome. To interact freely with the mermaid realm or with real mermaids living among us, it greatly helps to:

1. Put aside one’s ego and selfishness. I try to explain to some of the men who date these mermaid women that your best choice is not to treat them as a romantic object of love or desire which is yours to possess. But only a few men rise to that level of being unselfish.
2. You actually need to develop in our aura a direct connection to the element of water. Learn to flow like a stream, be still and reflective like a lake, or feel deep and vast like the sea. This takes actual meditations on water. But it seems nearly impossible for men to grasp this because again they want the girl to offer to them the watery energy of love without finding that same energy in themselves. Consequently, they almost never give back to the women anything of equal value compared to what she is giving to them.
3. Interacting with the mermaid realm requires an open mind—still, clear, reflective, and unattached. Some of the great Atlantean mages developed immense mental powers of concentration. But at the same time their minds were corrupted by their greed and desire to manipulate, to possess, and to control. To avoid that fate this time around a little more virtue and nobility of mind are required when interacting with beauty and love of the magnitude mermaids embody.

Question: You say the mermaids possess astral immortality. Can you explain that and relate it to any magical traditions?

Franz Bardon often used the phrase astral immortality. For him it means an individual's astral body does not deteriorate but sustains its life independent from its environment. When individuals are born they are given a new astral body often defined in terms of the constellations and planets present in their natal chart.

When an individual dies, the astral body slowly deteriorates. But we see the same thing with living people. They suffer trauma. They are forced to live under severe restrictions. They may be imprisoned or sick for long periods of time. They may have mental health problems or their brains weaken. Basically, their response to the world around them decreases.

On the other hand, I have observed individuals whose astral bodies do not deteriorate. In fact, some of them say that as adults they are the same person they were as a four year old. They were just as alert, responsive, vivacious, enthusiastic, receptive, and empathic as a child as they are now. And some of them recall being exactly the same in previous incarnations among human beings. They do not see themselves as changing. They just learn new things.

This is a great advantage in that an individual does not have to relearn soul abilities possessed in other life times. It also means the individual has a higher level of energy than other people in part because she draws energy directly from nature the way we breathe air into our lungs to sustain our metabolism. They have an extra energy system operating within them.

For Franz Bardon, a magician creates through the use of divine magic astral immortality within himself. But these individuals I interview do it differently. Either they were born with the ability or else through their

love of nature they have so joined themselves to one or more elements that they have acquired the astral immortality of these elemental beings.

Question: What is the difference between the evolutionary path of mermaids and the evolutionary path of human beings? Do these two paths intersect and how can we help each other?

From my point of view, each advanced race in this galaxy is completely free to choose what part it wishes to play in the unfolding of the universe. In this regard, the human race does not yet know what its own nature is and it has not yet chosen a specific destiny to pursue and to attain.

In the last few hundred years more and more the human race seems to be choosing industry, technology, and innovation—inventing and implementing changes in society and our environment--as its central focus as a race. That is very nice but you do not need a planet with such a rich diversity in the biosphere as well in the many spiritual realms associated with this planet in order to pursue those exciting but completely materialistic goals.

There is then a great war occurring between those who wish to align with the deepest purposes of this planet and those who consider nature and the biosphere to be something to exploit and destroy for the sake of their short term financial gain.

Specific example? Want the U.S. to out produce Saudi Arabia's oil exports? Simple frack every available piece of land in the U.S. polluting the water tables in the process.

Don't want to spend the twenty to fifty billion needed to clean up the three full reactor core meltdowns at Fukushima or the additional costs of storing retired reactor cores now in cooling pools in a safe way? You can worry about it later when most of the fish in the Pacific Ocean are dead

from the three hundred tons of radioactive water Japan is dumping into the Pacific each day.

Like I say, there is a great spiritual war occurring regarding the part mankind wishes to play in creation. The Atlanteans made a bad choice. Hopefully, we will be more responsible for ourselves and for our planet.

Religions are not weighing in on this conflict. They seem to be trapped in the attitudes they developed in pre-modern conditions where technology played no part. In effect, human evolution is wide open. We are on the verge of reinventing ourselves--reengineering our own DNA and the definition of what Homo sapiens is in countless new ways.

The mermaid realm is more closely aligned with the deepest purposes of the planet earth. Mermaids evolve through their empathy, through their awareness of water in all aspects as it exists on earth, and through their love. They are here to share their incredibly sensitivity, receptivity, innocence, and healing with any race on earth. It is amazing to watch them evolve—the mermaids I interact with learn as much from me as I learn from them.

Question: You seem to be interested in joining the mermaid realm and the human realm. What purpose would this serve? And can you tell us more about the defect in human conscience due to our lack of understanding of the water element and what are the results of that defect and the remedies for correcting it?

The elemental watery love that mermaids embody is almost never found among human beings. You can live for eighty years and visit many nations and never run into an individual who embodies this mermaid energy.

Elemental water put simply allows you to feel fully alive because with it you feel you are joined from within to a sea of love; you feel each

moment is new and has its own life that is separate from what has gone before; you feel the life within everyone around you; you feel that basically we are all one in that the same energy is within and animating all of us; and with elemental water as I have mentioned there is a feeling of possessing astral immortality—your emotions and soul are self-renewing, self-purifying, extraordinarily vivacious and receptive, and that the vitality within water in the natural world freely flows through yourself.

Without this watery elemental energy the human conscience is not fully operational. People do not feel fully alive. They feel half dead with the result that they take increasing risks to acquire new experiences even when their actions threaten their own existence. For example, nurturing and protecting human beings and the environment are not a part of the goals of any for-profit corporation on earth.

By presenting through art and writing the personalities and spirit of mermaids it becomes possible to pursue personal and cultural options that have not been revealed until now. Through contact with the mermaid realm in human and spiritual forms it is possible to experience the dazzling inner peace with the universe these beings possess, their innocence, and their love in which you feel you are united with nature and with all of life in the same moment.

But in practical terms, what corporate executives and political leaders most lack is the graphic imagination that mermaids possess. This is an empathic ability that senses the future through direct intuition. When you think about goals and outcomes you are there within the future experiencing the future as if it is fully alive right now in this moment.

What human beings are now doing is using concepts, words, ideas, and statistical models to predict the future. They run simulations but all of their risk management strategies are based on assumptions that they often fail to perceive due to their greed and narrow-minded perspectives.

With elemental water or graphic imagination you can feel if something is right or not before you think about it. This enables you to then pursue more carefully your objectives in a way that does not defeat your own purposes.

Warren Buffet, one of the richest men on earth, is more like an earth elemental. But he has a similar ability. He picks great managers for his corporations in part because he says he just knows if someone is right for the job or not. He can sense what is going on within another person in regard to that individual's character, work ethic, and motivation. This may not hold up at Harvard business school but it has served him well in accumulating his billions.

Question: What is your best and worst experiences with mermaids in human form?

The worst was when I once nearly killed myself. I was hiking down a steep path and I did not realize the effect a mermaid woman had on me. Whenever I talk to her for about five hours I lose my sense of balance. Like being under water, my sense of velocity and gravity are diminished. So I learned to compensate for example by not driving a car after I have been around her.

My best experiences often occur after I do a brief meditation with a few of these women. It is like I meet my future self—the person I will one day become; or just touching some of them on the arm I feel I have become the sea; and with one woman after a brief meditation together I felt she was so much a part of me that we had become one soul, one being. But you have to take these experiences in the right light—becoming one with another is the normal way mermaids greet each other in their own realm.

Question: You talk about the cocaine experience that mostly men have in meeting mermaid women, that men sometimes suffer symptoms of physical withdrawal simply in leaving the girl's presence. Can you say why that is and how you know about it?

The elemental water in the aura of these women produces a "high" like taking a drug. You feel more alive and you definitely have more energy. In some cases you can see why this happens. If you watch carefully, a "normal" human woman will have maybe ten different observable non-verbal responses as she talks to you in the space of five seconds. A mermaid woman may have twenty or thirty specific non-verbal and unique responses to you in that same time frame.

In other words, without realizing what is occurring she is molding herself to you with a very high level of vivaciousness and receptivity. And this makes you feel more alive because you are getting so much more sensory input from her.

But that is the observable part. She is doing far more with her energy. It is as if you went rafting down the Colorado River or spent a month camping out in the wilderness. You feel out in nature in her presence without having to go out into nature.

And this is because she has nature at the core of her being. She is overflowing with watery love because the sea of love that encompasses this planet is flowing through her. You feel free of human time and recharged by being around her.

Now most people do not notice that she is causing them to feel larger than life, refreshed, and vitalized. Having never witnessed this before, they do not have the words to describe it. But a person's body senses and responds to it. And so when you move away from her, say about forty feet, her aura is no longer supplying you with that energy. And so in

returning to what is normal for yourself you may instead feel half dead without the faintest clue as to why this is.

You can sometimes observe the most rational, stable, and responsible male beginning to panic and have an anxiety attack as one set of withdrawal symptoms when he leaves the presence of one of these women. I have observed this occurring with their boyfriends a number of times.

Question: You are clearly trying to create and offer support for a community of mermaid women who offer assistance to each other. Why are you doing this and how is that going?

I have introduced a number of women to each other who individually have said they have never met anyone like themselves before. Many of them then become lifelong friends. By meeting another woman with high empathy who is deeply connected to the ocean they are among their own kind. This creates a support group.

I have a part to play in articulating and writing about mermaid women. Some refer to me as their mermaid greeter and their bard. All the same, when they are together they naturally bond through the way their watery energy flows through each other.

To experience that you have to turn off your mind, stop thinking thoughts, and immerse yourself directly in the watery energy that is flowing through their auras. Then you are connecting on their own level.

At the same time, they do not need to talk to me. They can talk to each other and in sharing their experiences they create a special community here in our world that embodies the energy and life of their own realm. This grounds their astral realm of enchantment in our world. They then become more available to us and easier to understand.

I am delighted with the way I see them becoming friends with each other and the way their community/communities are unfolding. Their art, writing, healing, and sharing are much more accessible because of their group experience.

Question: Can you right now enter the presence of a mermaid queen and say something about what that is like for you?



Okay. Just a moment. It works like this. I think the name Istiphil, one of the mermaid queens described briefly by Franz Bardon. Instantly I sense her a few feet to my right front. It is like clear, liquid water is there and she is present in aura and form within that water.

I ask her in a kind of mental shorthand, Is there a preferred way you would like me to use in interacting with you?

She replies not with words but rather she takes me directly into the sea. I sense I am within the depths of the ocean surrounded and enveloped by

a soothing, nurturing, healing peace and serenity. I experience within myself a timeless state of being quite independent of human civilization and the way the human race perceives.

These feelings are complete in themselves. There is no need to do or accomplish anything. I sense this calm, soothing, gentle, and tender energy extending through the entire ocean and surrounding the planet earth.

If I was sitting in a meditation group where the other participants were psychic they would notice that there is no longer a William Mistele sitting among them. My body would be there but the aura is no longer human. I have taken on the vibration of the sea itself.

Staying with this a little longer I sense what Istiphul is after. In her presence I have become another person. She presents to me what I will be once I have completely embodied the vibration of the ocean within myself.

In this case, I have her level of perception. I can instantly sense any person on earth and so fuse my soul with that individual so that I feel one with that person while in no way feeling separate from the sea that I also am.

And this is where and when our two separate realms join. You have human beings who have in effect become mermaids and mermen sensing and feeling all that they sense and feel. And yet these people are also here as human beings fully participating in human society.

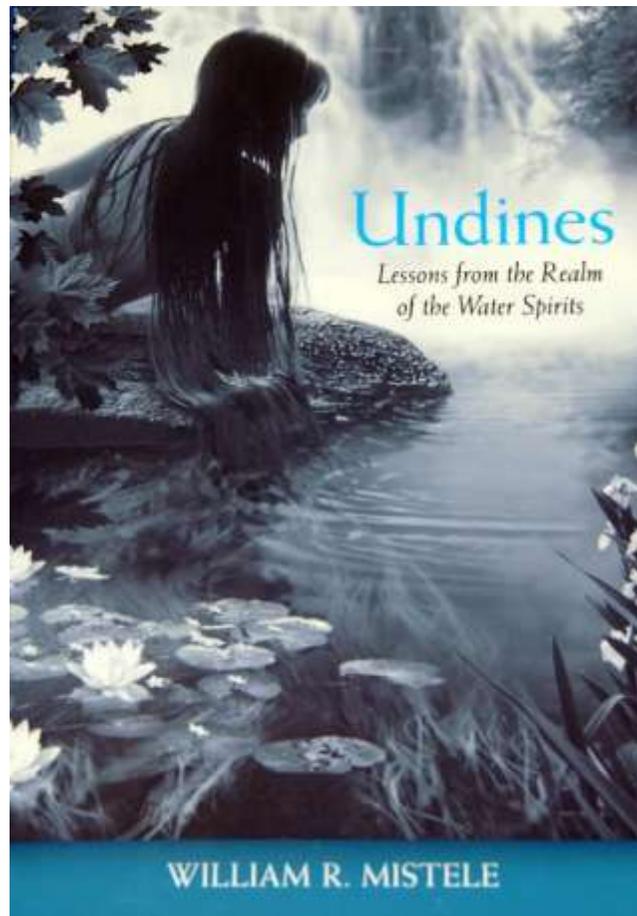
In this case a completely new destiny opens to mankind. You have a race of beings who are one with nature and one with each other. And though they continue to pursue their science and technological discoveries, they now embody the beauty of the universe within themselves.

They no longer exist to exploit, dominate, and create artificial devices that are inimical to life. Instead, they preserve and protect life. They

make things fully alive. And the human race becomes as one living being existing in harmony with itself while completely new dimensions of awareness and self-reflection open up to us.

That is my contact with a mermaid queen right now as I write. As I break the contact with her she points out to me that one day my connection to her will be permanent even as it is within my ability to form permanent soul to soul, energy to energy connections now to other human beings.

Question: You published your book *Undines* in 2010. What made you want to write this book?



In discussion with my publisher, we decided to write the first book about the water spirits called undines or mermaids. The water spirits are very attractive and friendly. The first book suggests ways to appreciate the wonder of these elemental beings.

This second book naturally follows. It presents all four elemental beings--those of air, earth, and fire along with water spirits.

Back in 1975, I encountered the writing of Franz Bardon (1909-1958). He offered a spiritual training system that asked the student to become familiar with the four realms of elemental beings to the extent you make them a second home. Because I was able to read auras, it was easy for me to sense the auras of the thirty-two different kings and queens of the elements that Bardon briefly describes in his second book, *The Practice of Magical Evocation*.

The question then becomes how to best share my experiences with these beings. Do I present dialogues in which I talk to them through telepathy? Do I write stories of their past interactions with human beings? Or do I engage some of these elementals in various magical projects so that their powers and perceptions help improve our civilization? The *Undine* book presents poetry, dialogues, stories, and some direct teachings from these beings that allow us to get to know them better.

Question: What are a few points and themes you want readers to take away from this book?

Unlike fairy tales presented in the past, these spirits do not belong to a specific ethnic or national group. Instead, they have a global outlook. Their sphere of action is the entire biosphere. They often know things about nature and also about human nature that our scientists and anthropologists have not yet discovered.

The stories I write about these elemental beings I consider to be genuine mythology. I address these questions: Why are we here? What are the deepest purposes of life? What are our options?

For example, I ask a mermaid queen to share her secret desires and innermost dreams. If you ask this question in the right way, the elemental's response offers new insights into what it is to be human.

These nature spirits embody what we are able to become. If we make the beauty of nature a part of ourselves, then we become what these beings are. In this sense, the mermaids are our teachers.

The difference between my writing and that of Tolkien and Rowling is that these spirits are highly interactive. In any moment they are willing to share all that they are with us if we but sharpen our senses and quiet our minds so we can sense their presence. And sometimes they are already here among us in human form.

For example, a woman called me one day. She had read my essay "Traits of Mermaid Women"

(See <http://www.williammisteale.com/finaltraits1019.htm>) and she wanted to know how I could describe her so well. I carefully videotaped my interviews with her. Though she looks, talks, and acts human, if you ask her the right questions she will discuss abilities she possesses that are not known to human beings.

In my story, *Caelius Aurelius Luscus and the Mermaid*, I describe the historical setting in which this woman left behind her realm of mermaids and acquired a human soul. Nonetheless, the "superhuman" powers of empathy, telepathy, and telekinesis she possesses are latent within us. In the story I go into detail as to what she had to do to become a human being.

We can also reverse the process. A human being can acquire the abilities and sensitivities and, above all, the ability to love that are natural to these beings. Mermaids and the other elementals are of nature. We become like them when we also make nature a part of ourselves.

Question: What magic can be accomplished through the water element. I know that some basic water magic is looking into the past, present or

future on the surface of water and causing precipitations. Can the water element effect a person's emotion like soothing anger and make people love each other. What kind of healing can be brought about by the water element. Can it like heal diseases (what type of disease)?

Water magic is summarized to some extent under the five cosmic letters of Franz Bardon's that use the water element as the elemental sensation—letters M, G, W, CH, N, and J. See Bardon's third book, *The Key to the True Kabbalah*.

Mermaids are rarely depicted accurately by human writers of mythology and fairy tales. This is because human beings somehow imagine mermaids to be like human women. They are in no way similar even remotely to human women. You can find the equivalent of an earth spirit, air spirit, or fire spirit in human form in some great historical figure. There are no historical figures who communicate what the nature of a mermaid is like.

Your specific questions above: Mermaids are sometimes presented as being able to predict the future as in the movie *Lady in the Water*. In that movie the water nymph often asks people if they want to know their future since she can tell them straight out.

One of the mermaid women I know frequently sees the future because she is both here in our world and aware on the astral plane where the events of our world appear before they manifest here.

There is also another kind of seeing the future: sensing the deepest desires, longings, and dreams within an individual and when those things will be fulfilled or manifest. Mermaids are not just like Nostradamus who predicts great world events. Mermaids will take you into the future so you can see it for yourself and feel it as being alive right now. They do this so you better move toward the person you are meant to be.

They also do this because for many of them time is not linear. Past, present, and future as well are equally present in this moment of time. One says, "There is no 'I was' or 'I will be.'" There is only "I am."

On the open sea, time is hard to gauge. The sea looks today like it did a year ago or a hundred million years ago. Water has a different relation to time.

Controlling storms at sea is very typical of mer folks. Ask a merman in human form about clouds and he will say it is easy to cause them to change form. You might read Bardon's eight descriptions of mermaids and mermen in his book, *The Practice of Magical Evocation*, where he mentions two mermen who control storms. A woman who is a mermaid told me she can change weather on the sea at will.

In regard to emotions, the merman Ermot Bardon specializes in creating love among human beings according to Bardon. These mermen are very elegant, noble, and magnificent in their appreciation of nature.

Bardon mentions the cosmic letter G for example can calm lust and sooth the nerves. The magnetic fluid within water which relates to water magic is basically the essence of the feminine spirit in nature and among spiritual beings. It is contracting, cool, attractive, calming, soothing, healing, sheltering and protecting, inspiring, animating, nurturing, the essence of receptivity, and it basically in its very nature brings to life the deepest dreams within you.

Bardon emphasizes healing that is radiant, expansive, dynamic white light in the form of vitality. Bardon is describing a variation on the fire element for healing. Bardon does mention briefly the use of the magnetic fluid for healing but in fact the magnetic fluid in water is of equal power the more expansive energy used by Bardon.

I tried sending Bardon's fiery white light vitality to heal a mermaid woman's pulled muscle one time and she did not even notice the energy. She is water. The energy just flows through her without effect. But the person she was with noticed right away that all this bright light and energy was radiating from her. Bardon does give the example of how he put his hand one time into a bucket of water to drain away the fiery energy of a psychic attack against him.

As a form of healing, water healing is like water—it is effective where cooling, purifying, cleansing, soothing, calming, nurturing, and restoring nature rhythms and normal metabolic functioning is needed.

Every kind of love that human beings can feel can be developed, nurtured, and manifested through using the water element. In fact, Bardon mentions that power in the highest form permitted to human beings can be created by using the combination of three water cosmic letters. If something exists, water and the magnetic fluid can unite with it and transform it in almost any imaginable way.

Question: Aside from examples of forcing some mermaids to incarnate in human bodies, what other crimes had the Atlantean done to make them earn their fate.

Exactly like our civilization now, the Atlanteans were at war with themselves—they preferred power instead of love, knowledge instead of wisdom, technological invention rather than beauty, domination rather than peace and harmony, etc.

Exactly like us, they had a civilization based on and analogous to electricity both in science and magic. They emphasized will power instead of receptivity. Water gives you your graphic imagination to “feel” the future rather than to run simulations of the future, use statistics, do risk management, or develop “safety” or contingency plans.

Thomas Edison and Westinghouse never dreamed that an entire civilization would develop from electricity that can completely collapse with one major solar flare. No one imagines what happens if you shut down electricity for three days causing all nuclear cooling pools on earth to melt down because they then have no cooling pumps operating. This civilization can disappear as quickly as Plato said of Atlantis that in one day it sank beneath the waves.

Exactly like Atlantis, because human beings lack the feeling that is in the water element, they fail to feel connected to each other from within. This lack of internal beauty and harmony drives human beings to engage in taking increasing risks in experimentation and discovery and invention that threatens their own existence. Monsanto Corporation uses methods like injecting DNA into seeds without any serious testing of the possible mutations that may occur or what the long range effect is of

narrowing the gene pool of various crop seeds down to five per cent of what they were twenty years ago.

Where is the crime?

What is it when a race living on this planet chooses the destiny of immersing itself in invention, technology, and industry when the planet itself was created for a totally different set of purposes?

Bardon warns about mermaid queens—that their beauty is to enchanting beyond what a person has ever met before that they can easily cause a magician to lose interest in pursuing his other spiritual purposes. Bardon does not point out that the mermaid queens when they assume human form have the highest level of sensory perception of any beings in this galaxy. Just ask some of these mermaids in human form about any person, about anyone on earth and instantly they can not only sense that person's aura—they can with ease flow their awareness directly inside of that person and join with them as if the two have become one.

This is not a superhuman ability. They are doing what we should all learn how to do—to love so there is no separation. We all have this mermaid capacity built into our chakras. The capacity to join our awareness with the water element is part of the natural abilities in the second chakra. But you would be hard pressed to find one yogi or one ashram on earth where they pause long enough in their practice to explore the beauty and love within water.

Mermaid empathy is perhaps the last thing human beings are interested in learning. Like I say, the human race (and its geniuses and most creative and dynamic individuals) are enchanted and captivated by the wonders of inventing new technologies. But they have lost their capacity to feel—to sense in advance the future results of their present choices.

The Atlanteans were more sensitive to the astral plane than are human beings now. They were also more telepathic. The planet has an astral body just as each human being has an astral body. Exposure to the astral plane is at times like entering an enchanting dream.

But if your focus is on taking control of physical matter as the Atlanteans were obsessed with doing, the astral plane becomes a means

to an end. You can use its magic to enhance and accelerate your scientific and technological innovation.

The result is that one's sense of peace—of feeling united to the universe from within—does not show up. It is again almost impossible to find in any religion on earth an individual who reflects in himself the beauty of the universe. Mermaids all reflect in individual ways the beauty of nature. They are this beauty in human form or mermaid form. Their vibration is the vibration of some specific aspect of water in nature.

Whether Atlantis or now, mermaids are here as teachers. They are incredibly useful for solving certain kinds of problems. But using them merely to solve your problems and make your life more satisfying is like taking a wonder of the world and using it to sell used cars. When you start doing that your conscience is already defective and you no longer sense your own destruction waiting for you around the corner.

Question: If a mermaid really wants to become a human for whatever reason, let say to explore the love from all four elements, and she begged Divine Providence, will God grant her wish by leading her to a highly skilled magician.

I know of no such case. Mermaids like other elemental beings do not possess the fifth element of akasha and so do not long to become more perfect in mastery of the other four elements. For mermaids, human beings do not represent a higher form of life or evolution or spirit. Mermaids do quite well developing their experiences and evolving within the water element.

Ask any mermaid, “Do you think the human race will be here for long?” They will answer straight out, “No.” Why join a race that will soon be gone? Of course, with divine intervention or radical changes, anything is possible.

In other words, you will not find a mermaid asking Divine Providence to “make me” or “allow me” to be more perfect.

If you ask a mermaid queen directly, “Do you miss not possessing the other elements within yourself?” She will say, “I do not experience

regret or feel incomplete for being what I am. Each race of beings has its own limitations and its own nature assigned to it by the divine world.”

But then with ease they can go on and say “If I was a human being with the other elements within myself, here is how I would act differently” and then they go on in detail to describe that. In the areas of love and feeling, they are not just more advanced than us. Unless we learn from them or figure out how to do it ourselves, given our tendencies, we will never evolve to where we acquire their ability to love.

Put simply, mermaids do not initiate new results or intervene in human affairs unless assigned that task by the divine world for its own purposes. Mermaids can “fall in love” with a human being such that it is okay for them to acquire the other elements and in so doing acquire a human soul. But this action is the result of or initiated by the human being they are interacting with.

Why are some of them in human form? The answer is, why not? Water just flows. It flows everywhere. Water is like that—it offers itself freely to love, to cleanse, heal, purify, unite, complete, fulfill—to be receptive and giving in every possibly way.

If you meet a woman with the vibration of water in her brain like some mermaid women have, they are one hundred per cent focused on you whenever they are with you. There is never a moment of distraction. They are water in human form. An advanced mermaid with a human soul is still one hundred per cent mermaid. She just has more abilities.

Question: How did those Atlantean people transform a mermaid/undine into a human being. Did they use magic or some kind of super advance technology or both?

It is not a matter of technology. There are a great many magical ways to do this. See my stories for example, *A Mermaid's Story* and also *Caelius Aurelius Luscus and the Mermaid*.

Franz Bardon sets out templates for doing. It is similar to creating what he calls an elementary. Through high magic using advanced concentration, you bind the other four elements to the mermaid's astral body so that she has the same quality of astral body as a human being.

We create particles in our accelerators that do not exist in nature or since the Big Bang; we create new forms of DNA and we create life forms that do not exist in nature. We hold in our hands the powers of creation. It is using them with love and divine purpose that we are weak at.

Question: When Atlantis sank, what happened to those mermaids that were forced to become human? Are they set free?

I think Ronda was the only one I know of. Once acquiring a human soul, willingly or not, you keep incarnating as a human being until the magic is undone.

What happened to the creatures the Atlantians bio-engineered to breathe under water? What happened to those human beings who were taken to the Other Side and assumed mer form on the astral plane but were not really mer people? Those are interesting stories which I am slowly piecing together.

There are beings that appear as mermaids who are actually shape shifters. They are people with magic who know how to move between the astral plane and physical world. They just happened to enjoy assuming the form of mermaids and mermen rather than wolves, deer, birds, etc.

Question: Do mermaids and mermen have sexual organs? If not, then why there are male and female mermaids?

My take on this is that mermaids are spirits on the astral plane who can interact with our world, materializing at times under the right conditions. They are not carbon based life forms. And they are not fish or mammals and so they do not reproduce physically.

Male and female or masculine and feminine are vibrations that appear in all spiritual realms and domains. A spirit will appear in the form of male or female or other according to its nature.

In telepathy, there is often a combining of memories or consciousness so that both individuals have access to each other's experiences. So

when you communicate yourself you do so in a way familiar to the other person. A spirit is a spirit and so may have no form. It is pure vibration or consciousness without need of form identification. But when appearing in our worlds of the mental, astral, and physical planes it may assume a form simply in order to present itself.

Mermaids are “exactly as human beings imagine them to be with a tail below and a human body above. But you can put your hand through them. They are spirits,” said one mer woman. But the mermaid queens being more adept in magic and well acquainted with the human race can easily appear in the form of beautiful women top and bottom just as a magician can according to Bardon take on the form of a merman or even his opposite gender—a mermaid--when entering their realm on the astral plane.

A mermaid is feminine in form in that it is her receptivity that is emphasized. A merman is male in form because it is his activity that is emphasized. “Men, whether human or spirits, are always charged up. They feel they have to do things in order to justify being” said one mermaid queen. When a mermaid relaxes, her vibration changes and all you sense is some aspect of water in nature—a lake, a sea, a waterfall, a wave breaking on beach, an arctic bay, etc. And then in the next second she is here again talking to you.

The water element accentuates the feminine receptivity because water itself is so receptive. Mermaids have a much easier time being in our world than the mermen. A woman can get away with being more passive/receptive/responsive in our world. Mermen find that human society makes no sense whatever. A male in our world is expected to fit in, to assume a social identity, to create and maintain a support group, and to do something that defines who he is. A merman like a mermaid just is. Doing something to define who you are is pure fiction for a merman.

All the same because mermaids do not reproduce physically, they have no associations with the physical act of sex. For this reason, they are often uninhibited beyond human understanding. That is, they are innocent in that they can give all of themselves without fear or limitation. They can focus on every aspect, every nuance of sensation

and feeling in sexuality without ever holding back or feeling doubt or worry.

The mer existed before human religions came into being. Love is not a belief, an ethic, or an aspect of morality. It is not an idea in their heads or an abstract concept—it is a perceptual experience. They can observe the energy and vibration of love when it appears.

Sex by contrast is not love. They know what love is. Sex is something else than love and it is at least something to enjoy.

I asked one mermaid woman, “Do you think that sex is a special experience you should share only with someone you are in love with?” She exclaimed, “Gosh no.” Yet this same woman will only be intimate with individuals with whom she feels a deep inner connection derived from his connection to the sea or past life spiritual activities.

Question: What are the mermaids’ jobs. I knew that the sylphs control the weather, the salamanders oversee volcanoes and super volcanoes, and gnomes watch over minerals and metals and control plant growth. But what do the mermaids do? Do they guide marine life forms?

Some like Amue specialize in ocean reefs. There is one who is custodian of the mermaid archives. They are better than we are at recording life experience. They have virtual reality records of everything every mermaid has ever experienced on earth. So it is not that hard for me to understand when I run into three mermaid women who can relive your memories down to the smallest detail and sensory perception and feeling as if it is their own experience. They are water in human or in astral form with all of water’s receptivity, magic, and beauty.

One sings songs that seek to unite the vibrations of the moon and the earth. Another is like the Atlantic Ocean—she is its vibration. Everything that goes in in the ocean is part of her awareness. They seek to unite with the water element on earth so they are conscious of all its functions.

What do all beings do? My father knew Henry Ford. Why did Henry Ford invent the assembly line? My mother had long conversations with

Captain Fuchida who lead the attack on Pearl Harbor? Why did he study aviation and lead the attack?

What do human do? What are their jobs? Human beings have like all races in this galaxy the opportunity to discover and choose which destiny they wish to fulfill. All beings learn by studying their environment and mastering the limitations of their existence. Mermaids in water study and play with water. They dance and sing since water is so incredibly delightful and a pleasure to be within. They love and give all of themselves in loving because water is totally receptive and giving of itself in every moment of time.

Ask a mermaid, What is your job? She may reply, “I exist to love. It is what I am.” Love gives all of itself, nurturing, protecting, receptive, containing, yielding, and bringing out the best in whatever it touches.

But they have a social life. They have their own realm within the vibration of water in nature on the astral plane.

Question: Is empathy merely the ability to feel what others feel?

Think of it like this. A mermaid’s aura extends outward to anything around her like the magnetic field of a magnetic. Anything her aura passes through she senses as if it is part of her own astral body. They literally can feel what you feel.

But mermaid empathy has these other observable qualities as I mentioned earlier—they sense your deepest needs, desires, and dreams within you and they equally sense the result—where in space and time when those things are fulfilled. And some can also go into the future and see you then in the same way they are looking at you in the present moment.

Some of them can actually create inside of you what it feels like to be your future self. Then it is not just “Do you want to know your future?” It is “Here. Let me introduce you to yourself--the person you will one day be.” But they do not talk about this with words. They do it through the power of feeling.

A number of times I did not understand who the mermaid woman was addressing when I am having a conversation with her. And then I

realized she is talking to me as if I am already the person I will one day be. And then once while meditating for a few seconds with mermaid woman she changed me into the being I will one day be when I have mastered the water element on earth.

It is not like she is doing magic on me. She is just being herself. This is the nature of the vibration within water. There is no linear time. Everything—past, present, and future—is unfolding and fully alive in this moment of time.

But if a human magician had a mermaid's empathy so that he used it for some purpose, he gains her ability to connect directly to anyone on earth; to modulate that individual's aura as if it is his own aura; to dissolve the negativity within the other; to heal; and to sense the other person so well that it is like the other is himself in another form.

Empathy is not the way human beings imagine it to be as something passive. It is the most magical power on earth. And as I often point out, if thirty house wives possessed and used their mermaid empathy, they would be more powerful than all the generals, politicians, and corporate heads on earth. They could virtually end all wars on earth forever.

But human women do not know about these feminine powers of nature, though it is easy enough to teach anyone who is interested. The magic of water and this mermaid empathy have been kept hidden from us during the entire history of our civilization.

Empathy then does feel what another feels. It can also sense what has occurred in the past as well as the best outcome of what a person can become in the future.

Question: Everything has two pole so there must be evil mermaids?

In a human sense, you have to have an ego, a sense of self-preservation or desire to dominate, take control, manipulate, or possess in order to get evil.

But it is actually like this: if you can find "evil" in the water element in nature on our planet then you can find a mermaid who embodies that vibration and so you can call her "evil." Is the tsunami, flash flood, storm surge, rip tide, whirlpool, the rogue Wave, or the sudden on-set of

an ice age evil? These are balancing actions of water in nature. If you do not like nature you can call them evil.

When using the word “negative,” I think Bardon is referring to other spirits such as spirits of the earthzone. Among them, some spirits have darker colors and lower vibrations in their auras so that their purposes are less pure and noble—they have no difficulty with purposes involving destroying, controlling, dominating, possessing, etc.

Nature spirits are different. They may not be friendly if you approach them in the wrong way. They may offer you things that are very dangerous to you. They may interact with you in a way that is harmful for your soul. But they are still an aspect of nature acting as that same element does in nature. They are not intentionally saying to themselves, “Oh, a human being. Let me see how I can take possession of him and destroy his soul.” But they may say, “Look—a piece of salvage—something abandoned that has no purpose for being here. Let me see what I can do with it.”

But I do not think the mermaids are ever like that. But again, like a powerful magnet, if you get near a powerful mermaid her aura automatically influences your aura in some way to harmonize with hers because that is how magnetic fields operates in nature.

Bardon may say they act to enchant you. But that is not the fault of mermaids. That is the fault of the creator who created beauty and love. Hold God accountable for creating them but do not berate mermaids—they exist to demonstrate love as natural innocence and purity.

People in Japan were already warned by previous generations not to build homes below the level of the last tsunami, but they built their homes there anyway. There are stories of mermaids and mermen who like to help save the lives of human beings on the sea. Istiphul said to me while a friend was channeling her on Oahu that “No one will drown on this island today.”

They do not intervene easily in human affairs but if you are interacting with them they can take into consideration your well-being and your purposes and act to further them. Or as one mermaid woman said to me, “I am only using my magic in this way because I know this is something

you care about.” Because of our connection, she was willing to fulfill my purposes.

There are a lot of beings like mermaids that are not mermaids because they are composed of another element than water. For example, some astral beings have strong ties to fish. And so they can be territorial and seek dominance like some fish. There are mermaids who have been taken possession of who act as agents of the will of human beings. But they are not freely expressing their own nature.

I have simply not run into or sensed anything that could be called a negative or evil mermaid. For me, this is pure fantasy on the part of human beings who project their own inner sense of horror on the beauty of the world that surrounds them. For example, human beings are completely oblivious to how this planet is saturated everywhere with the vibration of love. Human masters in all their traditions have never mentioned or sensed this. But if you enter the aura of a mermaid queen this is perfectly clear—the sea encompasses the earth and saturates the planet with the vibration of love.

What attitude do you take toward a race of beings dwelling on one of the most beautiful, spiritually rich planets in the galaxy whose religions and wise men teach them that nature is evil, “fallen,” lower, of no consequence, an illusion, or something to escape from or keep separate from because it is impure?

Among other things, mermaids are our teachers. We can learn from them. Or we can cease to exist because we fail to develop a conscience that feels when something is not right because it instantly senses energy vibrations and whether or not they are healing and harmonious.

Question: This is personal opinion and off topic, but I think the kind of "love" experienced by couples is not truly love, but rather selfishness. Neither of the two would let another love the partner. A husband will never let another man love his wife and the vice versa. Is romance in this sense possessive, controlling, and not really love but something else?

Love exists in many forms. For the Venus spirits who perceive many races of beings in many realms, love and beauty exist to inspire beings

to unite all opposites within themselves. We all start somewhere. If it is pure carnal lust involving ego strife and conflict, then that is where you are. The attraction, no matter of what kind, positive or negative, serves the purpose of expanding your consciousness—because it engages you with something outside of yourself that is more than what you are.

Most of the mermaid women I interview report that they do not understand the idea of loving one man exclusively. They give all of themselves to everyone equally. They do not have “special” relationships. But they equally understand that among human beings you try to act in a way so that you can fit in. So they try not to offend anyone with their behavior.

They have to pretend that they “miss” someone when someone asks. Because for them love is everywhere they are not experiencing less love because the two people are not together physically.

The one thing writers of fairy tales about mer folk actually get right is that in stories about silkies, seals who change into women when their cloak is stolen, the woman can marry the man and have children and love him and love her children. But if she gets her cloak or skin back she will immediately leave them and return to the sea.

Some mermaid women can love their children with all their hearts but they could easily return to their own realm in any moment and not miss the children. They are not like human mothers who strive to insure that their children will succeed in life or who feel attached to their children and have bonded with them because they have shared so much together.

Again, the mer women do not understand attachment. Water has no attachment to the previous moment. It continuously flows giving all of itself to whatever situation it is in. Take ice frozen ten million years at the arctic pole. If it heats up and melts or evaporates and rises on the air to form clouds it has no resentment or regret or feeling of loss having surrendered the form it was previously in. To love is to be free.

All the same this question often comes up, How do I present myself to a boyfriend so that he feels that I need him and that we share a special relationship? Like any mer folk in human form, being here is a performing art—they have to act human to some extent when they dwell among us.

One remedy for those mermaid women with this problem: Let the guy know how special he is to you and point out whenever he does something for you how much you appreciate it (even though you have no human needs and for you each moment of time is just as special as any other moment of time.)

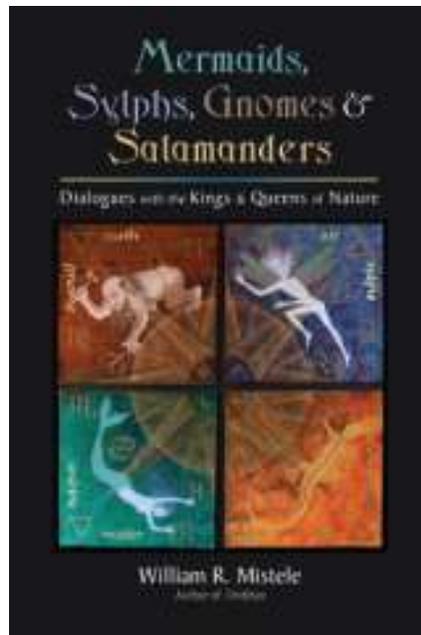
And just a note: in the movie, *Ondine*, the fisherman rescues a woman in his net. The plot of the story pursues the possibility that the rescued woman is a silkie---a seal who has taken a woman's form. In the end, to keep everyone happy and calm and free of anxiety including the movie viewers, she persuades others that she is actually a real woman.

But the details of the plot suggest otherwise—she can call fish by singing to them, even if the song she is using turns out to be a song you can listen to on the radio. She is a mermaid who entered and revived the body of a drowned woman, retaining all of that woman's memories. So now, in order to love and to be here and to fit in, she disguises herself so that others believe she is actually human. That is what is going on in the movie, *Ondine*.

All the mermaid women I know inevitably end up being adept at disguise. This is why no one has ever noticed them before in human history. They can actually get inside your mind and persuade you they are just a “cute young babe” (maybe remarkably vivacious but still completely familiar) and not what they really are—the sea in human form.

But if you observe carefully, watch how they interact with different people, it is astonishing. There is nothing in all of human religion, wisdom traditions, literature, or psychology that can remotely account for their degree of receptivity, vivaciousness, empathy, and capacity to make others feel alive around them.

Question: Could you tell us your prime motivation behind writing *Mermaids, Sylphs, Gnomes & Salamanders: Dialogues with the Kings & Queens of Nature*?



I have interviewed individuals who say, “I have always known I am a part of nature. It is embedded in my very core,” or “I am the sea.” Or, as one girl said, “I am a part of so much more than this world that we see.”

I have been studying the auras of people for forty years. I am still amazed when I encounter individuals whose auras reflect some aspect of nature such as an arctic bay, the North Atlantic, a West wind, or a magma chamber beneath the earth. I love it when I meet nature in human form.

The material of my book arises from following the practices of the Czech magician, Franz Bardon (1909-1958). Beginning with his training manual, *Initiation into Hermetics*, and in his other books he strongly encourages his students to meet and to learn all they can from the kings and queens of the elements in nature. He gives the names and briefly describes thirty-two of the most powerful elementals on earth.

Since I love nature I could have sailed around the planet as friends have done, discovered new fish off the reefs in the Philippines, or climbed Mount Everest. But I choose instead to meet some of these beings who help maintain the integrity of biosphere.

These elemental beings embody the primordial powers of nature that we describe in human terms as intelligence, love, will power, and internal silence. Our psychologies and religions have barely begun to

explore what human beings can become when we make nature a part of ourselves.

Question: There are four elementals you talk about in your book, *Mermaids, Sylphs, Gnomes, and Salamanders*. How do these elementals relate to each other?

The elemental beings are each composed of one element—mermaids thrive within the element of water, sylphs within the atmosphere, gnomes within the earth, and salamanders within fire such as volcanoes, magma beneath the earth, and lightning storms.

These beings lack the fifth element of spirit called akasha. Human beings possess all five elements within our souls. Together, all five elements compose what we call conscience. Water gives us our sense of love; air our sense of harmony and detachment; earth our appreciation of work and building things that endure; and fire gives us a sense of will and power.

The fifth element oversees the development, balance, and purposes underlying the other four elements. Since the elemental beings lack this fifth element of spirit it is rare for them to look for meaning or experience outside of their own element. However, they do possess curiosity, a learning curve, and evolve in ways natural to their individual element.

A mermaid, even when she assumes human form and lives among us, will often say, “I exist to love.” And what she means is that she loves with all of her being in the present moment and in whatever situation she finds herself. It is not natural for her to pursue causes or abstract ideals and human religion has no meaning to her. She has no other purpose than to love unless she adopts a purpose through her involvement with human beings. She will notice those things you care about and temporarily make them part of herself.

The elemental beings are certainly aware of different realms. They just do not go out of their way to interact with them or with the human race except in unusual circumstances.

All four kinds of elemental beings can from time to time be found in human form. But this is rare. I give examples.

If a salamander were born in human body he might ask himself, What problems exist that no one else can solve? And then he might turn into someone like General Patton who advanced farther, captured more enemy prisoners, and liberated more territory in less time than any other general in military history. Or, in his desire to reveal the secrets of fire to the human race, a salamander might become an Oppenheimer, the architect of the atomic bomb. Oppenheimer possessed the level of concentration and ferocity of will characteristic of a salamander.

An individual with strong earth element might turn into someone like Warren Buffett. One of the wealthiest men on earth, he is called the “oracle of Omaha” and is noted for his wisdom in investing over the long term in solid, down to earth industries. Though wealthy, he lives in the same house and avoids lavish spending. He tells his managers to be content for they possess more wealth than any of the kings of history. For Buffet, life is at its best when you have found the work you love.

Mozart and Shakespeare are examples of air personalities. Their appreciation of sound or words and dramatic movement presents at times a delight that reaches towards rapture. To find beauty and harmony amid the conflict and complexity of the present moment is their passion.

Mermaids, in the past at least, have had to disguise themselves when in human form in order to survive among us. Men try to possess and dominate them and women often attack or hate them. Human beings ascribe to these mermaid women dark motives because they never lose their innocence, their purity, and their desire to give all of themselves when they love. Consequently, it is hard to find examples in history where mermaids in human form have revealed their true nature.

Question: So are you actually saying you are having communication with these beings in an understandable dialogue and how does that take place exactly?

If one is receptive enough, you can ask a question of any spiritual being and there is always a response. If you still your mind and wait, you receive an impression. You can then translate that impression into words and ideas and call it telepathy. You can translate it into visualize images and call it clairvoyance. You can translate it into a sensation and call it clair-feeling.

Sometimes one impression you receive is like an entire book. The spiritual being shares with you not just ideas but the very innermost essence of its being. It is all there—its commission, its source of inspiration, the nature and expression of its power, its experiences with the human race, and its deepest desires and dreams.

The challenge for me is to find something within my own experience that enables me to understand and then through the use of language or art communicate what I have received. These beings do not use words and ideas to think, evaluate, or to act. They have been here long before human religions came into existence. They are basically immortal. And some have powers of perception beyond what any human being has ever experienced.

All the same, there is a kind of stream of consciousness in the interaction that is exactly like talking to another person—the spirit will say, “I haven’t seen you for while. You look good. Would you like to continue from where we left off last time?” Kind of like that.

I can do the same with human beings. If I ask a question in my mind while focusing on someone I know like, “How are you?” She immediately replies mind to mind, “Oh, not happy.” “Why?” I ask. “My daughter is having conflicts.”

But this woman and I are not communicating with words. I get her exact feelings in her response. And then I get a picture and a feeling which is how she views her daughter from inside of her mind. Her feelings include her own inner connection to her daughter which I experience as she experiences it. The words I use to express this are a

translation similar to how we use words to articulate to ourselves our own perceptions and experiences.

Question: What can we learn about these beings that would help us understand nature, human nature, and ourselves?

The astral plane is the realm of the soul. It is a source of motivation and inspiration. Through it, we gain the feeling of being fully alive. And the astral plane with its sensitivity to energy and form gives us our ability to be fully appreciative and receptive to what is in front of us.

The elemental beings are spirits that exist on the astral plane and they have a close affinity with nature. These beings embody an intensity and power of astral life, an emotional force that rarely appears on earth. And this comes from their connection to nature.

For mermaids, water is not just water. Each form and location of water in nature has its own unique kind of electro-magnetic energy. A stream, a river, a lake, a waterfall, an ocean bay or an ocean has a feeling underlying its outer form.

If we can perceive as a mermaid, we might sense in a lake an absolute contentment in which the inner self is at peace with the universe. We might sense in a waterfall and a mountain pool a refreshing, revitalizing, purifying, and scintillating vivaciousness that gives all of itself in every moment and never loses its innocence. Feeling for a mermaid is not just personal, that is, something occurring inside of herself. Her soul shines with all of the light and wonder that exists in the water element in nature.

Similarly, salamanders that dwell within fire have their own depth of feeling. They offer an electrifying enthusiasm, implacable will power, conviction, exhilaration, and courage. In the atmosphere and from the beings of air, the sylphs, we can learn the sense of feeling free at the core of our being, rapture found in sensory perception, and an endless

love of harmony. The gnomes possess an inner silence in which those things you care about are always near to you. The gnomes have rugged endurance and to feel like a gnome is to feel that you are home no matter where you are.

If you can fall in love with nature such that you feel it has become a part of yourself, then like the elemental beings you attain astral immortality. Then the feelings I describe above never leave you. They do not deteriorate and the external world does not reduce the strength and sense of wonder they give you.

Question: Could you give some examples on how mermaids work with us?

I work closely with a few of the mermaid queens. For example, one in three times when I fly Hawaiian or Delta Airlines to the mainland from Hawaii it is as if the mermaid queens have arranged for a certain person to sit down next to me. The mermaid queens want me to use my conflict resolution abilities or empathy to assist either a mermaid who is here in human form or someone who is involved with this race of beings.

There are examples mentioned in history of mermaids who live among us in human form. I am a greeter to such mermaids. As I mentioned earlier, I am a greeter to such mermaids. There are perhaps twelve women who I have interviewed who say to me that I am the only one to whom they have revealed who they really are.

I discuss with these women how the rules of their realm of mermaids are completely different from the rules that operate in human culture. Mermaids have immense powers of empathy—beyond human understanding. And yet in spite of that, some of them say to me, “I have never felt a mean thought in my life” and so they cannot comprehend how human beings can be cruel.



(Drawings by John William Waterhouse. Photos of the four women by William R. Mistele. These women have the auras of mermaids.)

There is this problem that plagues all spiritual beings that live among us. There is no User's Manual lying next to the crib when they are born that explains that they are not human and then goes on to list the motivations and purposes of the human race. These children start out thinking they are human but at some point in childhood they figure out on their own that they are not like anyone they have ever met.

I describe the psychology of mermaids in some of my unpublished works, *Mermaid Women* and *How to Speak Mermaid*. Mermaid women

possess a personality type never before described. The main thing is that human beings have never experienced the pure elemental vibration of water that exists in their auras. People tell me that being around them they feel five times more alive. And though you return to normal when you leave their presence, nonetheless you feel half dead.

The water element in mermaids animates and makes fully alive whoever they are near. They nurture and they love spontaneously without hesitation. But for human beings the experience of knowing a mermaid in human form is often like taking cocaine—you feel larger than life when around them and then anxiety and physical withdrawal symptoms arise when you leave their presence. As a result many of them must fabricate a social identity like an actor playing a role in order to survive among us.

Question: Who are all the different elemental beings in terms of their origins and is it usual for them to be involved in the affairs of humanity?

Elemental beings, according to the Western hermetic tradition of magic, are composed of one element. The sylphs are made from the element of air. The mermaids are of water. The salamanders are of fire. And the gnomes are of earth. Human beings, by contrast, are composed of five elements—earth, air, fire, water, and the fifth element of akasha.

There are of course many other kinds of beings who exist on the astral plane. For example, there are a number of creatures similar to mermaids. But the mermaid by definition has just the one element of water. Love is the essence of their being. There is simply no other motivation there.

As Homo sapiens, we evolve through interactions with the physical world. And yet we have souls and these souls, according to many traditions, live on after death on the astral plane. There are, however, many kinds of beings in addition to elemental beings that do not require physical bodies in order to evolve.

The origin of the human soul as well as of angels and elemental beings is somewhat mysterious. If I ask the sylph Cargoste about his origins he says,

“Do I recall my beginning and how I came into being? The sky was not always blue. It was more red with a purplish hue and great fiery wastes were the earth’s face. I was placed here to clear the sky so the stars could shine. My task is obvious. My commission is to preserve light and life and to maintain balance between fire and ice.”

The salamander Itumo who controls lightning across the planet mentions that once he had no power at all. He says, “Within my mind, I can slow time so lightning is nearly frozen and the blast a ripple slowly moving. My consciousness is in the cloud, the earth, and the charge moving between them.

“Yet even when I was nothing I knew ecstasy such as this existed for me to find. Even when I was unknown and without influence, I knew I would master this divine gift. Though I stood in front of an abyss, I knew I would find a path across it.”

The kings and queens of the elements are curious but in a different way than human beings. They feel one with their element within nature and so they do not study nature in an external way that we do. Like the girl says, “I have always known I am a part of nature.” Being with one of them is like being out in nature. You feel refreshed, revived, and no longer within human time.

When I sit next to a mermaid queen and pause from interacting with her, the vibration of her aura changes. She then is not presenting herself to interact with a human being. Her aura changes into the vibration of the ocean.

With one woman it is impossible for me not to notice that in every moment she is like water—like water, she changes herself to adapt to the situation she is in and the person she is with. When I do photo shoots with her, I get thirty pictures of completely different women.

She once sent five pictures of herself to her publicist whose response was, “These are nice pictures but which one of these girls is you?” The mermaids exist within the moment. One result is that they never lose their innocence—their spontaneity does not diminish. Their response in the present moment is not shaped by what has gone before just as water does not cling to the form it was in in the previous moment.

The fifth element that human beings possess offers a high level of integration when it comes to conscience. The fifth element oversees and harmonizes the other four elements. It assigns them purposes to fulfill and monitors their progress. And so human beings ask questions like, What is my purpose in life? Why am I here? What should I be doing with myself?

A mermaid, for example, will say to me, “I just go with the flow. I have no purposes.” Or, “I exist to love.” A mermaid would wonder what else is there but love.

What else is there? Gnomes like to work at changing the vibration of matter. Salamanders seek to strengthen their will power. Sylphs like to create harmony between opposing forces. Mermaids do not do those things—they do not build; they do not seek power; and they do not understand how to create harmony between diverse points of view or balance between opposing forces. But when it comes to nurturing, empathy, and love, they are absolutely astonishing.

Not possessing the fifth element, elemental beings have no purpose or “authorization” to intervene in human affairs. However, if you meet them in their own realm on the astral plane, you are in their turf. They have their own rules of engagement that apply there.

Some mermaids have entered our world to demonstrate that love can exist under the most difficult situations of life as human beings know it. And I suspect that some mermaids are here to see if they can somehow work with human beings to avoid destroying the oceans as we are now doing. And one mermaid is here to record human experience for future races that appear on earth in case we become suddenly extinct.

Other than that I have no examples of elemental beings becoming involved in the affairs of the human race other than indirectly. By forming a close relationship with a human being an elemental being can then use its immense powers to assist the human in fulfilling his purposes in life.

I have some mermaids who work with me on my project relating to protecting the oceans and establishing justice between nations. But other than two examples I suspect the only reason they pursue these things is because they feel that what I feel is a part of them.

Question: I see the Gnomes are aligned with the Earth and the Sylphs the air and Mermaids the water, and Salamanders fire. Would you explain this alignment to the elements with us?



A scientist once made fun of this ancient classification of nature and the human soul into the elements of earth, air, fire, and water. But it is science that lacks self-reflection. This planet we dwell on is a water planet. The presence of liquid water contributes to the vast bio-diversity of life.

The molten iron core of the planet generates the magnetosphere that protects the planet from solar radiation. Fire too is an essential force that supports the existence of the biosphere. Astronomers search the stars seeking what are called rocky exoplanets that have high density similar to the earth. They want to find planets that are in the habitable zone

where it is neither too hot nor too cold so liquid water exists on the surface.

And the earth is remarkable with its atmosphere that allows us to stand on the surface out of doors and see the stars and not dissolve from acid rain, be crushed due to intense gravity, vaporized due to high heat, or frozen solid due to the cold.

Earth, air, fire, and water are a very reasonable classification system if you want to describe the conditions under which life can exist as we know it.

We are familiar with the idea of angelic beings in our Western religions. There are the kami in Shinto, jinn in Sufi, and a vast array of nature spirits in many traditions. The kings and queens of the four elements are sometimes given names, but often a ritualistic approach to interacting with them keeps the practitioner at a distance. There is no personal contact. The system of Franz Bardon insists that you not only meet and become familiar with these beings but that you get to know them so well that their realms within nature become like a second home.

This is a simple way of understanding how a being composed of one element experiences life--

The mermaids are united to water in nature and to the oceans. They draw energy from water the way we draw energy from breathing air. For the mermaids, each moment is a magnetic sea containing the dreams and the taste of ecstasy—each moment arises from and resonates with the love sustaining all life on earth.

The same for sylphs with the atmosphere. Sylphs reside in the sky. They enter each moment seeking to attain and to abide in complete harmony.

Our bodies metabolize food substances and oxygen to produce energy. Heat is byproduct. In an analogous way, the salamanders absorb the heat and expansive qualities of fire into themselves. The light in fire animates their souls. Will and power define the nature of their consciousness. It is understandable that they are incredibly interested in studying fire in all aspects as it exists on earth. For the salamanders, each moment presents the opportunity to purify, strengthen, and expand the power of will.

The most powerful gnomes who dwell within the earth perceive time not only in terms of centuries and geologic ages. Their perception penetrates also into the processes through which matter is formed and through which it dissolves. For a gnome, physical matter is malleable. It is something you can work with and transform.

When a gnome is working on something, it is almost like time disappears. When a project is complete then you have a unit of time as in “I have finished what I have begun.” Consequently, gnomes possess an inner silence that is like a quiet ecstasy. They always feel close to the things they care most about.

Question: Can you say more about the multi-dimensional universe in which we exist with its different realms such as those belonging to the elemental beings? And what are your future projects?

The elemental beings embody the pure form of the energies that compose our own being. When I study them, I am studying human nature—what we are capable of becoming. If a great salamander incarnated as a human being he just might grow up to be a general like Patton who in his mind existed to win battles no one else could fight. He might grow up to be an Oppenheimer, offering to mankind fire in a new form. Salamanders have power but not necessarily the wisdom to direct that power to its best purposes.

A sylph in human form might turn out to be a Beethoven who writes the Ninth Symphony or a Stephen Hawkin who explores the origins of the universe. The mind seeks harmony and understanding. A great gnome in human form might unravel some new mystery of DNA or discover how to dramatically extend the length of our lives.

We are familiar already with the realms of salamanders, sylphs, and gnomes. But mermaids we seem to know nothing about. What would happen if the empathy of mermaids were a part of human culture the way earth, air, and fire are?

I like to put it this way: We would have direct mind to mind contact with anyone on earth in any moment that we wish. We would know how to dissolve malice with ease and be able to overcome those who abuse power simply by concentrating on an individual, freeing him of his false attachment, and restoring him to his best path in life.

And if we have the fifth element of akasha along with the water then the human conscience would finally be fully operational. We would establish justice, speak truth, and understand others' hearts.

Human beings, as you say, are multidimensional. These spiritual realms are a part of us. By studying the beings within these realms we can discover what is missing in our own culture and history. By acquiring the sensitivities, perceptions, intuitions, and powers of these wondrous beings, we can take hold of our own world and shape it so as to create harmony and balance.

North Atlantic Books has expressed an interest in publishing next year my collection of stories called *Mermaid Women*. Some of these stories I write down verbatim as the women tell me about how they began to incarnate among human beings.

Other stories I put together from ten hours of video taped interviews such as the story I am working on called, *The Tank Commander and the Mermaid*. This woman used amazing powers to protect her husband while he was deployed in Iraq. She gave him detailed briefings on future events and what he needed to do to survive. Mermaids, as someone once told me, make great intelligence agents because they can read others' minds and sense the future.

I am also field testing and editing a book called, *The Perfection of Wisdom*. The four elements embody everything we experience in the visible world. The fifth element empowers us to transform anything we encounter so it attains to its highest purpose.

This book is an exploration of this fifth element of spirit or akasha. It takes the familiar Buddhist empty mind meditation and increases the level of concentration so that it becomes effective in Western terms. You then have a mirror like, crystal clear mind.

The book helps individuals deal with negative people in their lives. If you can use the methods in the book to work with negative people you know, then you can immediately apply these same methods to any negative person on earth. You do this by combining a clear mind with mermaid empathy. Mermaids have the ability in any moment to instantly connect soul to soul and mind to mind with anyone on earth.

Mermaids embody a perfection of love never before revealed to mankind as an elemental, astral force of nature. The Buddhist clarity of mind is able to stand outside of the stream of cause and effect that produces karma. Creating it and applying it, you can modify the karma of anyone on earth or at least reduce or cancel the individual's ability to harm others.

Although mermaids do not possess the fifth element of spirit, if they dwell within a human body they have equal access to all five elements. Much to my surprise, I notice that some of the mermaid women can use the akashic meditations to make negative people calm and reasonable. I suspect they acquire this ability through their power of empathy simply by being around someone such as myself who has the fifth element strong in himself.

As I mention elsewhere, I also have a book now finished called, *Mermaid Tales*, that presents stories of how mermaid women interact with human beings. Writers like me turn to the genre of fairy tales and mythology when we repeatedly encounter experiences that no previous system of interpretation can explain. And so I write back stories—stories about when and where these women first began to incarnate among us.

My work in these areas you can see as I write them on my facebook page, [facebook.com/williamrmistele](https://www.facebook.com/williamrmistele) or my web sites:

Williammistele.com

Williammistele.com/videopoems.html

And longer manuscripts at williamrmistle.com

Videos are at [youtube.com/emedetz](https://www.youtube.com/emedetz)

Epilogue

Question: Can you say more about the role you play as a mermaid greeter in which you act as a consultant or a go to person for mermaids who live among us in human bodies?



A “greeter” is a technical term that describes someone who welcomes a soul after the person has died and is now entering the astral plane. I do the opposite. I welcome mermaids who are spirits on the astral plane but who have now entered our world and living within a human body.

It was natural for me to become a “mermaid greeter.” I discovered that I was literally saying to some of the women who are mermaids in human form, “If you have any questions you want answered about being in this world or if there is anything you need I will see what I can do.”

Indirectly this role was assigned to me by several mermaid queens when they promised me I would meet mermaids in human form so I could better get to know their race. I had already researched my book, *Undines*, in which I carefully studied the aura and magic of four mermaid queens. That work gives me the ability to recognize the aura of a mermaid when she is here in a human body.

I have a story in *Mermaid Tales*, “The Mermaid Who Was An Airplane Pilot,” in which a 747 Boeing pilot sits next to me on a flight to Honolulu. She acted in every way human. But early on in my conversation with her I said to myself, “This woman sitting next to me does not have a human soul. She is a mermaid.”

How can I tell? Another woman on Kauai asked me, “How do you know I am a mermaid?” I held up my hand and as I felt her aura I said, “Because there is only the one element of water in your aura.” She texted me an hour later to say that she felt what I felt in my hand when I touched her aura. This was her first interaction in which a human saw who she really is.

If I spend time meditating on the woman’s aura I experience that part of nature that she embodies—the North Atlantic, an arctic or tropical bay, a lake, a river, the mermaid magical singing, the pull of the moon on tides, etc. And then if I meditate more I can sense when she first began to interact with human beings and the circumstances under which she began a series of human incarnations.

I can also try to answer their questions about the different rules that operate in the astral mermaid realm as compared to the human world of history. Among human beings love is a rare commodity. People fight over it, compete for it, try to persuade, bribe, coerce, or force another in order to gain that person’s love and affection.

In the mermaid realm by contrast love is everywhere. Love is a vast sea that encompasses the earth and it is present in every moment and

endlessly flows through each mermaid/merman. Basically, mermaids greet another by becoming one with that person. You join your auras. Human beings always interact within a context and their separate identities always remain intact.

You essentially have one culture in which ego does exist and another culture in which ego is essential for survival and finding your place in the world. I have another unpublished book, *Letters to Mermaids*, in which I address a number of the questions mermaids have put to me. See <http://williammistele.com/letterstomermaids.pdf>

As I mentioned earlier, I encourage them to form a community. I introduce them to each other. And I am continually interviewing them and learning new things about them. There are no references anywhere that describe what these women are like.

Assumptions are useless. I have to describe exactly what I am presented with. Each mermaid woman is unique and yet there are general traits they tend to embody. Each time I encounter a woman who does not fit the pattern a new world of discovery opens up to me.

Being a mermaid greeter is seeing beings that are active in two separate worlds or realms of awareness. Love is known to be daring and bold. It is a tremendous act of courage on the part of mermaids to choose to life among us in what one mermaid queen describes as “your world of sorrow and loss.” Part of my message to these mermaids is to remind them of what another mermaid queen, Isaphil, once said to me, “It does not matter in what realm you are as long as your feel free in your soul.”

We are all multi-dimensional beings. We are surrounded by many realms of magic, love, and beauty. Part of my job as a mermaid greeter is to tell the story of their journey into our world and to remind us all of the wonders that exist within and around us.

